



Ek Bharat Shreshtha Bharat

Guru Ghasidas Vishwavidyalaya, Bilaspur (CG)

A Central University established by the Central University Act 2009; No. 25 of 2009

24th February-15th March, 2022



Vyanjan (Recipe) Contest 2022

Under the patronship and with blessings of Honorable Vice-Chancellor, Guru Ghasidas Vishwavidyalaya, Professor Alok Kumar Chakrawal Ji, a Fireless 'Vyanjan (Recipe) Cooking Competition' was organized for students from Central University Gujarat and Guru Ghasidas Vishwavidyalaya under the banner of EBSB scheme on 28th February, 2022 through online mode. This platform provided an opportunity to students to foster their creativity and decision making skills and also help them to unveil their hidden talents and explore new areas of interest. The students enjoyed the day enthusiastically taking part in this fun learning package. The event gave a platform to the students to demonstrate their culinary knowledge and skills related to: developing and following a recipe, preparation of a dish, displaying and presenting the dish online before a jury where evaluation was performed the basis of flavor, taste and palatability.

Overall 02 teams participated in the competition and overall 15 students participated whole heartedly in the event. Their efforts were evaluated on the basis of five parameters: a) Dish name, b) Content, c) Presentation, d) Calorie content and e) Composition and texture. Participants infused lots of creativity and served delicious eatables to excite the taste buds. The participants served Chhattisgarhi and Gujrati *Vyanjan* (recipes), including Cheela, Dhoodhfara, Mohanthaal, Kathiwadi vaghare khichdi, Dhokla, Thepla, Khandvi, Undhiyu and many more.

Competition was started on 27th February 2022. The recorded videos were to be submitted through Google form link by 08.00 PM as on 27th February, 2022. The result announced on 28th February 2022. Students presented their skill through a video of cooking *Vyanjan* (recipes), in maximum 03 minutes and an introduction of maximum 01 minute about the *Vyanjan* (theme, time, people or occasion associated, specialties, etc.). Jury comprised of *Dr. Rekha Jadeja*, Saurashtra University, Rajkot Gujarat, *Dr. Rozina Patel*, Shree Dhanvantary Pharmacy College, Gujarat and *Dr. Bhaskar Chaurasia*, Guru Ghasidas Vishwavidyalaya. It was a tough time for them to come up with the result. Each team created a tough competition; hence, there was a tie in overall winner category as well as individual categories. The event was



Ek Bharat Shreshtha Bharat

Guru Ghasidas Vishwavidyalya, Bilaspur (CG)

A Central University established by the Central University Act 2009; No. 25 of 2009

24th February-15th March, 2022



organized by programme coordinator *Dr. Sushma Jaiswal* and *Dr. Devndra Singh Porte*. The *Vyanjan* (Recipe) team completed the work under the guidance of the nodal officer of Ek Bharat Shreshtha Bharat Scheme. The best 03 candidates from Guru Ghasidas Vishwavidyalaya, Bilaspur, Chhattisgarh and associated institutions of Gujarat were awarded 'Certificate of Appreciation' for their performance. Winners were also declared on the basis of individual evaluation parameter.

Winners:

1. Shailaja 2. Megha Sharma 3. Sakshi Jagwani





75
आज़ादी का
अमृत महोत्सव

Ek Bharat Shrestha Bharat

Guru Ghasidas Vishwavidyalya, Bilaspur (CG)

A Central University established by the Central University Act 2009; No. 25 of 2009

24th February-15th March, 2022

